



# DAY TRIPS FROM BARCELONA

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## DAY TRIP - MONTGRÍ AND THE MEDES ISLANDS

A Visit to the Natural Park designed by official guides and thought for the nature, mountain, sea and photography lovers, walking through the Natural Park of Montgrí – Medes Islands – Baix Ter (Baix Empordà, Girona).

Accompanied by a guide, we will pass by the most spectacular landscapes, we will meet the rich historical and cultural heritage of the area, the diversity of its landscapes, the flora and fauna of the ground and sea zones of the Park in its Protected Natural Reserves.

Geology, forests, dunes, medieval castles, dry rock buildings, watchtowers, pirates, fortified farmhouses, islands, rivers, wetlands, cliffs and dream creeks.

Our visit will let us know better this unique area in its diversity and it will help us to understand its conservation.

### ITINERARY

06:45: **START AT THE MEETING POINT**

07:45: **ARRIVAL TO TORRE MORATXA**

10:00: **ARRIVAL TO CALA PEDROSA**

11:00: **BACK TO THE MEETING POINT**



## ITINERARY

### 06:45: START AT THE MEETING POINT

Start / Meeting point: 06.45: Information Office of **Empordà Natura**, Carretera de Torroella, L'Estartit KM 4,7

Start / Meeting point: 07.00: Reception of **Camping Castell Montgrí**. Carretera Torroella, L'Estartit, KM 5,2

Once we are there we will start the route that will take us to the Torre Moratxa, one of the peaks of the Maures Mountains.

### 07:45: ARRIVAL TO TORRE MORATXA

Arrival to Torre Moratxa, from where we will see the marvellous views above the plains of the Ter river and its mouth, afterwards going through the Montgrí mountain, and through the woods following the trails we will get to the sea, to the fantastic Cala Pedrosa.

During this walk the guide will inform us about the history, the geology, the fauna and the flora of the Park, as well as the conservation and recuperation tasks that have been done in this huge natural area that coexists with the traditional and tourism human activity.



### 10:00: ARRIVAL TO CALA PEDROSA

Once we get to Cala Pedrosa, we will be able to enjoy the beautiful entrance that the sea has created in the land, a great enclave from where we will sail by boat to L'Estartit, during our path we will trace one of the most interesting points in the Costa Brava, that offers us views of wild cliff coasts and the Medes Islands. During the navigation, we will see bird colonies and marine fauna in one of the best conserved zones in the Mediterranean sea.



### 11:00: BACK TO THE MEETING POINT

At our arrival to L'Estartit we will take a short walk through the town that will take us back to our meeting point. In this moment our trip will finish.

**NOTE:** The afore-mentioned program can be adjusted according to the wishes of the client. As all are nearby destinations from Barcelona, we can organize different excursions depending on the number of days/hours available to the client.



### DETAILED PRICE

39,5 EUROS (VAT INCLUDED)

### INCLUDED

- Visit to the natural Park accompanied by an official guide of the Park.
- Boat trip along the coast.
- Accident insurance

### NOT INCLUDED

- Drinks and food.
- Personal equipment.
- Bungalow renting.
- Anything that is not specified in the "INCLUDED" section

### DEPARTURE DATES

#### **BETWEEN JUNE AND AUGUST EVERY TUESDAY AND FRIDAY**

- (\*) Departures are at 6:45 and at 7:00 in the spots specified in the itinerary.
- (\*) Reservations made with 1 week anticipation.
- (\*) Departures subjected to weather and sea conditions.

#### **FROM SEPTEMBER TO MAY EVERYDAY (FOR GROUPS, COULD BECOME A TAILORED PROGRAM)**

- (\*) Reservations made with 1 month anticipation.
- (\*) Departures subjected to weather and sea conditions.

### DURATION

**4 HOURS, FROM 7 H TO 11 H AM**

(LAND TRIP 3 HOURS + SEA TRIP 1 HOUR APPROX)

**MINIMUM GROUP: 10 PEOPLE (\*) / MAXIMUM GROUP: 15 PEOPLE (\*)**

(\* KIDS 12 YEARS OLD OR MORE)

**\*OPTIONAL:** Accommodation in a Camping – Bungalow.

Arriving the day before, there are other activities to be done in the area, staying in a bungalow and enjoying the facilities of a 1<sup>st</sup> class camping and carry out the route the next morning. .

### OBSERVATIONS AND RECOMMENDATIONS

- Level of difficulty: medium / low (trails, GR and local, walkways)
- Clothing according with the time of the year and **mandatory mountain footwear\***
- It's advisable to bring beach sandals
- Solar cream, a cap and sunglasses
- Swimming suits and towel for the most adventurous
- (\*)The Guide will not authorize the inclusion to the group without proper footwear

### RESERVATIONS:

We request that, if possible, all reservations are made at least 2 months in advance by the payment of 50% of the total which should be credited to the following bank account. This is then accepted as confirmation of the reservation and the remainder should be paid 20 days prior to the start of the holiday.

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**Most of the pictures are shot by Incoming Barcelona Team during the trip**



## INFORMATION AND RESERVATIONS

For any further information please do not hesitate to contact:

### XAVIER SANTOS

[xavier@incomingbarcelona.net](mailto:xavier@incomingbarcelona.net)

Vallespir, 174 - 08014 Barcelona.



## Trabajamos tu viaje con responsabilidad



### Medioambiente.

Plan oficina verde. Compensamos CO<sub>2</sub> a través del Bosque Tarannà.



### Sociedad.

Involucrados desde el inicio en más de 108 proyectos solidarios, locales e internacionales.



### Fauna.

Apoyamos la protección animal de la mano de la ONG F.A.A.D.A.





INCOMING BARCELONA  
by Tarannà

**TECHNICAL ORGANIZATION:**

**GCMD 90 – Tarannà Club de Viatges, S.A.**

- We need your Passport document and a contact number for transportation and also for insurance reasons.
- Cancellation Charges: Customer can always cancel his or her trip. The cancellation of services generates various types of expenses (management, cancellation and penalty). The amount of these costs depends on the date the cancellation is made in addition to the economic requirements of each service provider rest. Consult General Conditions.



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**TARANNÀ**  
MEANINGFUL TRIPS

Vallespir, 174 - 08014 Barcelona. Tel: 93 411 83 73 / Fax: 93 491 36 51  
E-mail: [info@incomingbarcelona.net](mailto:info@incomingbarcelona.net)

**[www.incomingbarcelona.net](http://www.incomingbarcelona.net)**  
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